

University of the Philippines Mindanao

Associate of Arts in Sports Studies Curriculum (2021)

First Year First Semester		Units	Pre-requisites	First Year Second Semester		Units	Pre-requisites
*HK Elective 1		3		*HK Elective 2		3	
GE 1 (ARTS 1)		3		GE 4 (Min Stud 1)		3	
GE 2 (Ethics 1)		3		SS 10	Basic Weight Training	3	
GE 3 (KAS 1)		3		Ped 92	Philippine Games	3	
SS 102	Human Anatomy and Physiology 1	3	SS 130	SS 103	Human Anatomy and Physiology 2	3	
PEd 91	Fundamental Rhythms	3		Ped 151	Folk Dance	3	
NSTP 1	National Service Training Program I	(3)		NSTP 2	National Service Training Program II	(3)	
PE 1	National Service Training Program I	(2)		PE 2		(2)	
		18				18	
Second Year First Sem		Units	Pre-requisites	Second Year Second Semester		Units	Pre-requisites
*HK Elective 3		3		PI 100	Foreign Language	3	
*HK Elective 4		3		SS 120	Basic Fitness Dance	3	PEd 91
SS 104	Tests and Measurements in Human Movements	3		PEd 176	Recreation for Special Groups	3	
PEd 93	Philosophy of Sports and Physical Education	3		PEd 172	Community Recreation	3	
SS 130	First Aid	3		PEd 100	Introduction to Physical Education and Exercise and Sport Sciences	3	
PEd 174	Outdoor Recreation	3		Ped 196	CSS Internship	3	
Ped 130.1	Basic Aquatics	3		PE 2/3/4		(2)	
PE 2/3/4		(2)					
		21				18	
						Total Units	75

Required GE: MinStud 1, KAS 1, ARTS 1, ETHICS 1

* HK Elective; a. 12 units-at least 1 dance series (from PEd 150 series) and at least 1 sport, series (from Ped 120 to 130 series) or

12 units- 2 sport series (from PEd 120 to 130 series

b. 3 units- at least 1 dance (from PEd 150 series)

3 units- at least 1 sport (from PEd 120 to 130 series)

3 units- at least 1 SS Elective (from SS 110 to 120 series)

(2 courses or 6 units for Ped 120 to 130 series may be taken as 1 and 2)

CONFORME:

Signature over printed name